



# Community Center Schedule

**Hours:** M-F: 8am-6pm

September 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30-10:30a Fitness For Life	9-10a Feldenkrais	9:30-10:30a Fitness for Life	9-10a Feldenkrais	Tai Chi 8:30-9:30am
11am-12p Fitness Forever	10:45-11:45a Yoga Stretch	11am-12p Fitness Forever	10:30-11:30a Zumba Gold	Largo Art Association 9am-2pm
1-3p Chair Volleyball	10:30-11:30a Zumba Gold	5-6p Full Body Conditioning	1-3pm Chair Volleyball	9:30-10:30am Fitness for Life
5-6p Full Body Conditioning	11a-12p Line Dance			11am-12pm Fitness Forever
				1-2:30pm Line Dance Int